



# **Counselling Service for Young People!**

**Are you 16 or 17 Years Old?**

**Not in education, employment or training?**

**Need someone to talk to?**

**Want to build your confidence, self-esteem or raise  
you aspirations?**

**Then call Amanda Ogg on 0113 2209038 and  
arrange an appointment to see our counsellor.**

**We have no waiting list!**

**Or alternatively send us a private message on  
Facebook: Barca Leeds**

**We can also provide telephone and internet  
counselling if face to face appointments aren't  
appropriate!**



**Children Young People's Service**