



STRONGER FAMILIES

Building a future together

The Stronger Families programme is here to help and support families across Leeds and Bradford



**NATIONAL
LOTTERY FUNDED**



European Union
European
Social Fund

Your family will have a worker who can

SUPPORT YOU 

We are working with families across Leeds and Bradford to develop skills and employment opportunities

The Stronger Families service is delivered by experienced organisations in your community.

Can I get this support?

To be eligible for this support you must have at least one dependent child in the same household and be unemployed or economically inactive.

CONTACT US

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BRADFORD

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Health & Well-being:

- Confidence building
- Building and maintaining social relationships
- Mindfulness sessions
- Family support
- Leading a healthy lifestyle
- General health and well-being support including mental health needs

Employability & Skills Building:

- Links to employers across Leeds & Bradford to provide work experience and placement opportunities
- Volunteering opportunities
- Work taster visits
- Provide job application support
- Accredited and non-accredited training opportunities including; literacy and numeracy, ESOL & IT
- In work communication and skills building
- Digital inclusion (e.g. IT skills, job searches)
- Family learning and taster sessions

Financial Inclusion Support:

- Debt advice and support
- Financial planning and budgeting (linking with healthy lifestyle sessions e.g. cooking on a budget).
- Support and advice with benefits and housing

